

Aspire to be Amazing!



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Dear parents,

After a really great start to the school year, with all of us adapting to new ways of working, I felt it timely to get in touch with a few reminders and to signpost you towards some guidance.

Please read the following information from Public Health England North West and act in accordance with the guidance; We would like to remind everyone that if your child develops symptoms of COVID-19 (high temperature, or new and continuous cough or a loss of sense of taste or smell) please ensure they do not attend school. Please notify school that your child is selfisolating with other household members, arrange for them to get tested and continue to self-isolate as a household until the result comes back.

If your child is unwell with any other illness then please, as usual keep them at home. If your child is well and you would usually send them to school then please do so. Children being settled and in a good routine of school is extremely important. As is made clear in guidance 'education is not optional'.

Symptoms of COVID-19

The main symptoms of coronavirus are:

- a high temperature this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- a new, continuous cough this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least 1 of these symptoms.

Children may also display gastrointestinal symptoms.

In addition, please follow this link to <u>What parents and carers need to know about early years providers, schools and colleges</u> <u>during the coronavirus (COVID-19) outbreak</u>. Please pay particular attention to the 'Actions you can take' section summarised below;

Do not send your child to their nursery, childminder, school or college if:

- they are showing <u>coronavirus</u> (COVID-19) symptoms
- someone in their household is showing symptoms

<u>Arrange a test</u> if you or your child develops symptoms. Inform your nursery, childminder, school or college of the results. If the test is positive, follow <u>guidance for households with possible or confirmed coronavirus (COVID-19) infection</u>, and engage with the NHS Test and Trace process.

It is really important that you help nurseries, childminders, schools and colleges to implement these actions by following the advice set out here and wider public health advice and guidance.

Please follow this link to <u>Stay at home guidance</u> for isolation advice for children and their households. The person with symptoms should isolate for 10 days starting from the first day of their symptoms and the rest of their household for 14 days.

If you have any further questions, please do't hesitate to get in touch.

Thank you for your support and understanding.

Mr Gilbert













